

# *Recreational Therapy for the Treatment of Depression in Older Adults: A Clinical Practice Guideline*

**Two disturbing facts: 1) Depression impairs the functional abilities of nearly 5 million older adults in this country; and 2) Depression rates in long-term care facilities have been identified in as many as 30 percent of patients.**

This means that depression in older adults is one of the greatest challenges in your professional life.

The new publication, *Recreational Therapy for the Treatment of Depression in Older Adults: A Clinical Practice Guideline*, by Professor Linda L. Buettner, PhD, CTRS and her team of research associates is an important milestone in meeting this challenge.

This clinical, evidence based practice guideline for the treatment of depression in older adults is for anyone who works with or is responsible for the well-being of older adults at risk for debilitating depression.

The book is divided into six sections:

- **Section one: Evidence Based Practice**
- **Section two: The Problem**
- **Section three: Assessment of Depression in Older Adults**
- **Section four: Literature Review**
- **Section five: Description of Practice**
- **Section six: CEU test\*\***

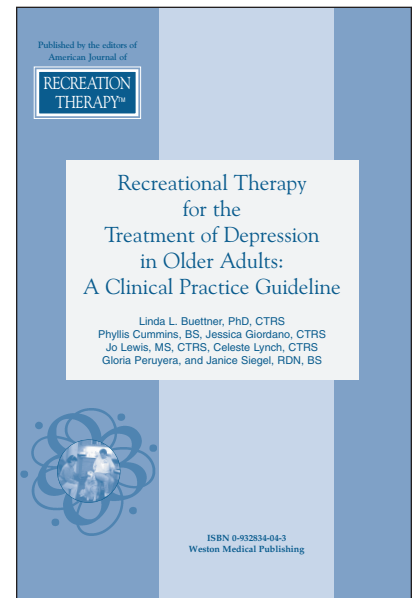
And with it in your professional library, you will have at your fingertips, the only complete sourcebook on this growing problem available today. You will have a definition of terms. You will have a full description of those individuals most at risk for depression. You will have in-depth knowledge of the various types of depression. You will have case studies on types of treatment. You will have ways interventions with exercise and physical activities can be accomplished.

This is the one you've been waiting for. While the book lists for \$59.95, you can add it to your library right now at the special introductory professional courtesy rate of only \$49.95.

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Sincerely,

Richard A. DeVito Jr., Publisher



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\*\* Additional cost for CEU test processing.

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